

# Get to know your church family at the 2008 Fall Retreat

October 17-19

## Blowing Rock Conference Center

Come to the mountains for a beautiful fall color weekend for both structured programs and fun for all ages.

**Program (Saturday morning, 9 – noon):**  
**“Creating and Living Your Purpose” with Jim Koehneke.** The purpose of this retreat is to help participants connect to a deeper understanding of their personal mission in life, or soul purpose, by coming to grips with their current reality in relation to an authentic vision they hold for their unique expression of spirit. Having worked with individuals in job changes and life transitions as a career coach for over fifteen years, Jim has found that many people are unclear about just what their authentic purpose is, how to bring it into reality, and how to overcome the beliefs and stories of their lives that hold them back from effectively expressing their unique talents and gifts. Participants will leave with a deeper understanding of what they value most relative to work experience in their lives, along with an action plan to identify the next steps to take in their journey to authentic and creative full self expression. Jim's book, [Creating and Living Your Purpose](#), will be on sale at UCCH for those who wish to read it prior to the retreat.

### Bring Your Family

The program is designed for adults to attend the Saturday morning session with Jim Koehneke while children attend a session at the same time on Mindfulness Education led by Michele Widd, Susan Steinberg and Jill Edens.

### There will be plenty of time for fun!

There are group activities planned for each evening.

Saturday afternoon will be free time to explore the mountains, ride on the parkway, stroll through Blowing Rock or simply to rest at the Assembly Grounds. There will also be group activities planned for Saturday afternoon.



### If you are able, come early

For those who are able, you are encouraged to leave early on Friday and drive up in time for Friday dinner (6:30 - 7:15 pm). Finding the Blowing Rock Assembly Grounds is always easier in the light of day. If the weather is nice, you will enjoy the mountains.

### Special Weekend Package

The weekend package for UCC people to stay at BRCC includes two nights lodging and a six meal package (Friday supper; Saturday breakfast, lunch, supper; Sunday breakfast and dinner). See other side.

### Sharing a room

If you and another will be rooming together, please indicate who your roommate is to be. Coming alone and seeking a roommate? Please indicate that and we will help match you with a roommate.

### Talent Show on Saturday evening

One of the delights of our time together is the talent show. You are invited to come with a family skit, a song to sing, a joke to tell, a reading, or an instrument to play. For more information, speak with Richard Edens.

### Some scholarships are available

Retreats are formative times thus we do not want the cost of the weekend away to be prohibitive particularly for families. If some additional assistance would make the difference between going or not, please speak with Richard or Jill Edens.

### If you can assist with scholarships . . . .

As in all families, the UCCH family has members with different resources and responsibilities. For some the cost of the retreat is manageable, for others it is a hardship, and for others the cost is prohibitive. If you can help, please do. Thank you.

### Senior High Program planned

Please speak with Frank Boyd for more information.

Lodging		Amount per room/person	Subtotal
	Corriher Lodge (South) Each room has two double beds This is the lodge with the dining facility 2 nights, without roommate = 160.00 per room 2 nights, with roommate = 190.00 per room		
	Cottages, A, B, C or D Each cottage has two bedrooms and a sitting room. Each bedroom has a combination of double beds and/or bunk beds for four. Two families (4 adults?) with children may enjoy this arrangement. 2 nights = \$295 per cottage		
	Rowe Dorm Rooms have 2 sets of bunk beds, each. 2 nights = 50.00 per person		
MEAL PACKAGE	Adults (13+) = \$53      ___ adults x \$53 = _____ Children (5 - 12) = \$33      ___ children x \$33 = _____ Children (0 - 4) No Charge		
PROGRAM COSTS	\$10 per adult		
TOTAL			

Example of cost: These are examples only. Please use chart above to calculate cost of retreat. Thank you!  
2 Nights, 6 Meals & Program Cost

2 adults staying in Corriher                      \$ 316.00  
(2 Double beds per room)  
1 adult staying in Corriher with a roommate    158.00  
2 Double beds per room

1 adult staying in Corriher                      223.00  
2 adults staying in Rowe                      226.00  
(4 Bunk beds per room)  
Family of 2 adults and 2 children (5-12)  
staying in Corriher                      382.00  
staying in cottage with another family    339.50  
Family of 2 adults and 1 child (5-12)  
in Corriher                      349.00  
Family of 1 adult and 2 children (3, 7)  
in Corriher                      289.00

**Registration - Deadline with payment Sunday, September 21**

Name \_\_\_\_\_ Email \_\_\_\_\_

# of adults \_\_\_\_\_ # of youth with parents \_\_\_\_\_ # of children \_\_\_\_\_ Number of children \_\_\_\_\_  
(ages 13-18) (ages 5-12) (ages 0-4)

Desired placement \_\_\_\_\_ AMOUNT ENCLOSED \_\_\_\_\_



Watching for  
the FALL  
**RETREAT**

- Desire meatless meals.                       Please match me with a roommate.
- I will be rooming with .....
- I need scholarship assistance      Amount needed \_\_\_\_\_  
(or speak with Jill and Richard Edens)
- Yes, I/we can help contribute to the scholarship fund    Amount enclosed \_\_\_\_\_

*Should your plans change, partial refunds may be available. The sooner you can inform us of a change, the likelihood of filling the room is greater thus a larger refund is possible. Last minute cancellations - except for emergencies - may not qualify for a refund.*